



## - Competition Rules -

### **Organization:**

Taekwondo Clube de Santo António dos Cavaleiros

### **Event Director:**

Maria Emília Martins (+351.916886936)

### **Coordinator:**

Paulo Jorge Martins (+351.912279394)

### **Support:**

Portuguese Sport and Youth Institute – “Sport for All”  
Loures Town Hall

### **Referee:**

The referee head team – IR Paulo Martins.  
Electronic Scoring System with 5 Poomsae judges each area.  
International and national referees will be invited.

### **Place:**

“Paz e Amizade” Sport Hall  
Republic Avenue – Loures - Portugal  
<https://goo.gl/maps/u1GpQm1387hHoPz96>

### **Date:**

2022 November 05

### **Timetable:**

Kup & Dan	
08h00 to 08h30	Check-in & accreditation of Teams
08h30 to 08h45	Delegates Meeting
09h00 to 18h00	Competition
18h00 to 18h30	Team Awards & Close Ceremony

*The timetable can be adjusted as soon as registration closes.*

### **Participation:**

Only invited clubs, registration is limited.  
Open to all grade’s athletes, above 6 years old for Kup and Dan competitors.  
Registrations are limited, as soon as this number is reached, they will be closed.

### **Equipment:**

Dan: It’s mandatory the use of Dobok (WT competition uniform) and respective graduation belt.  
Kup: It is recommended to use a dobok with a white collar and corresponding graduation belt.



### Kup Competition:

Categories	Age	Limit Birth Year	Sub-Categories
Bambis	6 to 7 years	2015 - 2016	K1 / K2
Benjamin	8 to 9 years	2013 - 2014	K1 / K2
Infant	10 to 11 years	2011 - 2012	K1 / K2
Cadet	12 to 14 years	2008 - 2010	K1 / K2
Junior	15 to 17 years	2005 - 2007	K1 / K2
Under 30	18 to 30 years	1992 - 2004	K1 / K2
Under 40	31 to 40 years	1982 - 1991	K1 / K2
Under 50	41 to 50 years	1972 - 1981	K1 / K2
Over 51	51 or above	1971 and before	K1 / K2
1 <sup>st</sup> Pair	6 to 11 years	2011 - 2016	without sub-categories
2 <sup>nd</sup> Pair	12 to 17 years	2005 - 2010	without sub-categories
3 <sup>rd</sup> Pair	18 or above years	2004 and before	without sub-categories
1 <sup>st</sup> Trio M/F	6 to 11 years	2011 - 2016	without sub-categories
2 <sup>nd</sup> Trio M/F	12 to 17 years	2005 - 2010	without sub-categories
3 <sup>rd</sup> Trio M/F	18 or above years	2004 and before	without sub-categories

### Subcategories:

K1 – White belt to green with a blue list belt -10 <sup>th</sup> Kup to 5 <sup>th</sup> Kup	
K2 – Blue belt to red with a black list belt - 4 <sup>th</sup> Kup to 1 <sup>st</sup> Kup	

### Dan Competition:

Categories	Age	Limit Birth Year
Under 11	11 years or less	2011 or after
Cadet	12 to 14 years	2008 - 2010
Junior	15 to 17 years	2005 - 2007
Under 30	18 to 30 years	1992 - 2004
Under 40	31 to 40 years	1982 - 1991
Under 50	41 to 50 years	1972 - 1981
Under 60	51 to 60 years	1962 - 1971
Under 65	61 to 65 years	1957 - 1961
Over 65	66 years or above	1956 or before
Par Cadet	12 to 14 years	2008 - 2010
Par Junior	15 to 17 years	2005 - 2007
Par Under 30	18 to 30 years	1992 - 2004
Par Over 30	31 years or above	1991 or before
Trio Cadet M/F	12 to 14 years	2008 - 2010
Trio Junior M/F	15 to 17 years	2005 - 2007
Trio Under 30 M/F	18 to 30 years	1992 - 2004
Trio Over 30 M/F	31 years or above	1991 or before

#### Dan Special Rules:

Cut-off system: Semi-final; 2 Poomsae (advancing the 8 contestants with the best classification) Final; 2 Poomsae. All compulsory Poomsae will be announced 1 week before the competition will be held (29<sup>th</sup> October).



### Designated Compulsory Poomsae by Category:

Kup Categories	Poomsae Range
K1 – White belt to green with blue list belt (10 <sup>th</sup> Kup to 5 <sup>th</sup> Kup)	Taegeuk 1 / 2 / 3 / 4 / 5 (il, i, sam, sa, oh)
K2 – Blue belt to red with black list belt (4 <sup>th</sup> Kup to 1 <sup>st</sup> Kup)	Taegeuk 4 / 5 / 6 / 7 / 8 (sa, oh, yuk, chil, pal)

Athletes should choose 2 different Taegeuk from “Poomsae Range”. 10<sup>th</sup>, 9<sup>th</sup> and 8<sup>th</sup> Kup can repeat the Taegeuk 1(il). Cut-off system; order by final classification (rank)

Dan Categories	Compulsory Poomsae
Under 11 / Cadet / Pair Cadet / Trio Cadet	Taegeuk 4, 5, 6, 7, 8 Chang Koryo, Keumgang
Junior / Junior Pair / Junior Trio	Taegeuk 4, 5, 6, 7, 8 Chang Koryo, Keumgang, Taebaek
Under 30 / Under 40 / Under 30 Pair and Under 30 Trio	Taegeuk 6, 7, 8 Chang Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
Under 50 / Over 30 Pair / Over 30 Trio	Taegeuk 8 Chang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon
Under 60 / Under 65 / Plus 65	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu

### Deadline & Fees:

Deadline	Category	Fee
Up until 25 <sup>th</sup> October	KUP	15€ each inscription
	DAN	25€ each inscription

The inscription fee is the amount payable by the club, for each entry (Individual / Pair / Trio).

There will be no tolerance regarding the deadlines mentioned ahead.

Inscriptions will be validated only after payment confirmation made by money order to TCSAC bank account with IBAN:

**PT50.0033.0000.45431330214.05** SWIFT Code: **BCOMPTPL** - Online inscriptions in Taekoplan <https://www.tps.eu/login.asp>

Registration is limited, as soon as this number of participants is reached, they will be closed.

### Classifications:

Individual / Pairs / Trios – Kup & Dan
1 <sup>st</sup> Place – 7 points
2 <sup>nd</sup> Place – 3 points
3 <sup>rd</sup> Place – 1 point

### Prizes:

Individual / Pars / Trios – Kup & Dan
1 <sup>st</sup> Place – medal
2 <sup>nd</sup> Place – medal
3 <sup>rd</sup> Place – medal
3 <sup>rd</sup> Place – medal

The medals will be handed out on the podium just after the end of each category, with images collected.



TEAMS			
Female Kup	Male Kup	Female Dan	Male Dan
1 <sup>st</sup> Place – Trophy			
2 <sup>nd</sup> Place – Trophy			
3 <sup>rd</sup> Place – Trophy			

*The trophies will be delivered on the podium at the end of the Open, with registration of images.*

#### **Expenses and Medical Liability:**

All expenses and medical liability will be responsibility of the team.

The organization is not responsible for any physical damage that may occur.

The organization is not liable for property damage that occurred during competition.

#### **Protests:**

It will be only allowed to protest for miscalculation in final score. The protest must be submitted in writing to organization after publication of the judges scoring, in ten minutes, together with deposit of **100€** (not refundable). Regardless of decision of the organization is not subject to appeal.

#### **General Rules:**

Regulations may change, in this case information will be provided as soon as possible.

Access to the competition area will be limited. Only accredited athletes and coaches have access to the competition area of the sport hall.

The contestants should act within the “Spirit of Taekwondo and Sports Ethics”. They will act with civility, under penalty of their teams being expelled from the competition.

Clubs to sign up for the Open, accept this regulation and authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.

#### **Omissions:**

If any missing / incongruity it will be solved by the Open’s Technical Committee and shall be definitive. The TC is composed by the Event’s Director, Referee Head Team and other experienced referee initially nominated.

Organizing Committee





### **RESPONSIBILITY DECLARATION**

The participation Club in the “6<sup>th</sup> TKDSAC Poomsae Open 2022” taking part on 05<sup>th</sup> November 2022, automatically understands and authorizes:

1. Understand and accept the above-mentioned rules and regulations.
2. By registering the athletes through the represented Club, we confirm that all participants gather the necessary conditions for participations and have a valid mandatory sports insurance.
3. The Team delegate is responsible for all acts committed by team members and any associated people. As well as the responsibility for accompanying any athlete to the Hospital, in non-urgent medical situation.
4. The Club Delegate is responsible for all inscription data file information.
5. Also have the responsibility to collect all the participation permits by the guardians of minor athletes.
6. Authorizes the collection and publication of images of its athletes and coaches for the purpose of publicizing this event.